

PACHA LUNCH

SANDWICHES

BLT – The classic; bacon, lettuce, and tomato with mayonnaise on toasted sourdough. \$8.99

Grilled Cheese – Five cheeses unite on sourdough for a sandwich you can believe in. \$4.55
+ add tomato (\$1.15) or avocado (\$1.50) or bacon (\$1.60)

HAM – Bacon, canadian bacon, grilled onions, provolone, and dijon on toasted sourdough. Go HAM or go home. \$9.95

Italian Panino – Prosciutto, provolone cheese, tomato, and arugula with pesto on our house-made foccacia. \$8.99

Vegetable Panino – Grilled zucchini and mushroom, tomato, arugula, provolone, and pesto on foccacia \$7.99

Beefy Melt – Our signature spicy beef with grilled onions and mozzarella on foccacia. Yeah, it's a little sloppy, but you only live once. \$9.25

SALADS AND WRAPS

Marjories Favorite – Pear, bleu cheese, marinated red onion, toasted walnuts on field greens. Keyword: favorite. \$10.25
+ Choice of balsamic vinaigrette or honey dijon dressing on the side.

Fields of Salmon – Alaskan smoked salmon and tomato-dill pico on a bed of field greens \$9.95
+ Add feta or goat cheese (\$2), add avocado (\$2)

Beet Lovers – Roasted beets, fresh tomato, goat cheese on field greens. \$9.25
+ Choice of dressing: balsamic vinaigrette or honey dijon

Pesto Garden Wrap – Mixed greens, tomato, avocado, zucchini and basil-pesto (contains pine nuts) wrapped in a large whole wheat tortilla. \$9.25
+ Add goat cheese (\$2).

Paleo Beef Wrap – Spicy beef, grilled peppers, onions, zucchini and field greens in a gluten-free paleo wrap. \$10.95
+ Whole wheat wrap also available. Add cheese (2.00), avocado (1.50). Served with salsa on the side (choice of spicy red or mild tomatillo).

LIGHTER FARE

Organic Chips and Salsa – choose spicy red or mild tomatillo salsa \$4.50

***Tamales** – Organic masa, lard free, trans-fat free, tamales from Tamale Addiction \$4.50

Spinach and Onion

Mushroom with Onion and Epazote

Poblano and Muenster

Killa Quiche – Locally sourced, organic ingredients baked to perfection. Real men eat our quiche everyday. \$5.50

Veggie Torta – Seasonal, organic vegetables and cheese piled high in a savory pie! Best misnomer on the menu. \$7.25